

AMND

Amore

16th May 2016

THE DANCING QUEEN

From Manipuri to Salsa to Cha Cha, she sets the floor blazing with her moves.

We are family

The Doshi family talk about the jewel in their crown, Amita.

In-laws in love

They simply adore her.

Why Abhay would have been ignorant about the world without Amita.



An Amazing Record

The long list of achievements, most people dream of having.

Thank you Doctor

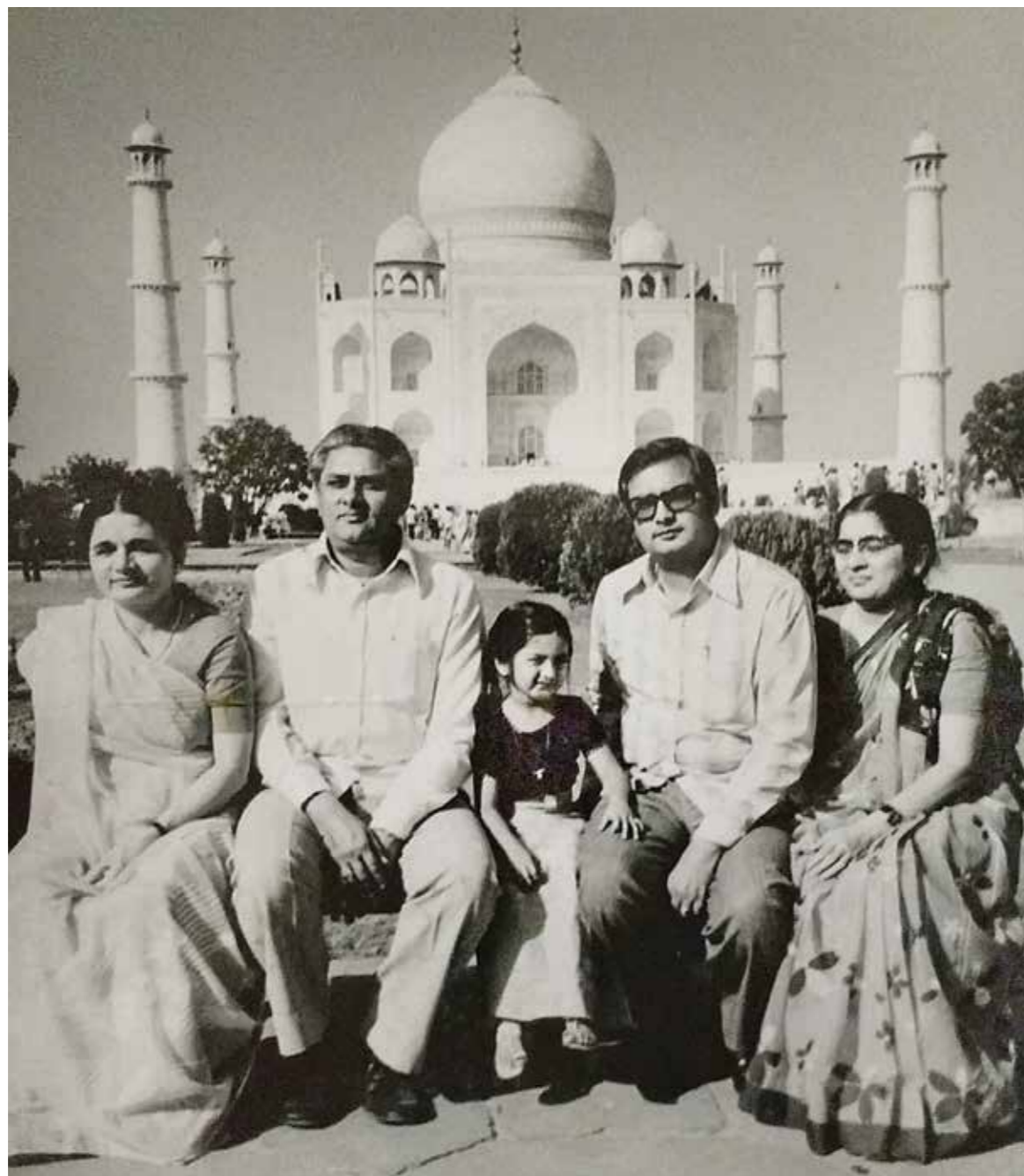
How her patients love and worship her.



We are family

I got married into an absolutely gorgeous family ... and snared the jewel in the Doshi crown! Now I'm more Doshi than Amita. Thanks, dear in-laws, for Amita.

The cute little princess Amita occupied the 'Princess Diana bench' at the Taj long before the English princess. With her parents and Kaka - Kaki in the early 70s.



"Amita has been the most perfect daughter anyone can ever dream of having ... soft spoken, obedient, conscientious and extremely loving!"

Pappa



Amita is an extremely humble and an understated girl—when we would go to meet her at Nair, she would tell us to not get the big car ... and if we did, then to keep it at the gate and not let it inside. We were surprised at this, but she was adamant—she did not want the other students to see that she came from a well-to-do background—that's how unassuming and modest

she has always been and still is. Today she has made a name for herself in the medical field to such an extent that she has earned the respect of her colleagues and seniors - I often see how many senior doctors who have long waiting for their appointments, will oblige Amita if she asks them to see a patient. She has also got very lucky with Abhay, he supports her in every way. Even Abhay's family—he has a very large one—she has won over in a very short time. Today she has the best things, but she hasn't asked for it. She was felicitated at New Era recently and they spoke very warmly and proudly of her, and she gave a motivational speech to the students, which became the talk of all the students and parents alike. A similar response followed when Jai Hind college honored Amita and Abhay as their best alumni couple. As a parent you can't blame me for wanting to talk so much about her! She has been the most perfect daughter anyone can ever dream of having ... soft-spoken, obedient, conscientious and extremely loving! From a young age, she has this level of attachment to everyone. At home she has a wall with photographs of her whole family. Even when my grandchildren have any personal problem, they go to their aunt Amita.

Mummy



Amita has excelled in everything even without me pushing her. I didn't even have to tell her to study; she was so dedicated to her studies she motivated herself to be absolutely perfect in what she did. Even if she made a small mistake in her homework she would do it all over again. Her general knowledge was excellent. She was a simple, good kid who

got along with everyone, 'bou mixing nature'. She would get sent by her teachers to do voice-overs for radio spots. I really wanted her to be good at cultural activities, which is why I made sure she passed her music and dance exams. I thought it was very important that she cultivated those interests and she excelled at those too. I didn't want her to become a doctor as I didn't want her to lead a stressful life, but she was determined. She said she wouldn't pursue it if she got less marks, but of course she got good marks. Sometimes I prayed she would get less marks so she wouldn't become a doctor!

Everyone she met, she would steal their hearts. All through school, college, medical school and residencies—she became the favourite of everyone she met. She has kept in touch with everyone she's met and interacted in life.

Once she fell and tore a tissue in her leg, she had to take bed rest for a month. She did not raise a fuss even once—she was the perfect patient in fact! She loves simple home food—I didn't let her eat outside street food but I know she loves it. Honestly she never gave us a chance to complain, she was an ideal child and still is. She has immense 'dayabhaav', she has inculcated the Jain principles of charity, generosity and respect for elders as part of her personality.

RIGHT: Shachi comes into the Doshi family. Seen here with her pretty sister-in-law and a forever young Deven.



Amita, you are so multi-talented, that we are still trying to figure out the things which you don't do well. You are a role model to your nieces as well as women in general.

Hemal

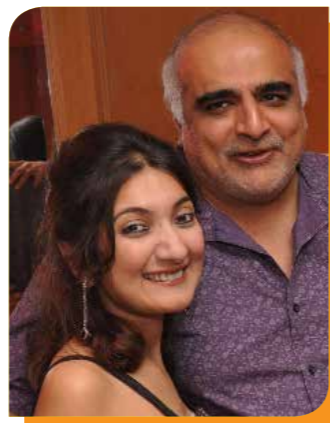
One incident of Amita's dedication and perseverance stands out in my memory. While still in college, she was selected and had participated in a Navratri Garba show, put up by professional Dance troupe at Patkar Hall. While performing, she accidentally dislocated her shoulder ... and in spite of searing pain she continued her performance flawlessly! It was only later that we found out about her injury! Amita, apart from being academically inclined, you are natural culturally inclined. You are one of lead members of the doctors singing and music group, vivaciously belting out both English and Hindi numbers, and that too effortlessly, without any prior practice ... and you get the loudest encores, claps and 'seeties' (whistles)! Your diminutive and petite frame hides so much energy that you enthuse everyone around you.

Amita, you are so multi-talented, that we are still trying to figure out the things which you don't do well. You are an ideal role model to your nieces as well as women in general, and we are very very proud of you.

Parag

Amita - the Ageless Healer! My earliest memory of Amita is as the youngest cousin of my wife Hemal, a young pretty girl, studying for her school exams, with the most charming smile, full on enthusiasm, very intelligent in conversation and who loved to dance, especially the Gujarati Garba.

Amita, not only me, but everyone was most impressed by you. You stamped your arrival on the medical scene, when even though you were a junior medical student and about 24 years old. You



stood up to a very famous neuro surgeon, who wanted to operate on my wife Hemal, after her horse accident and you refused to allow that surgery. Your conviction was so strong that we all choose to go your way and fire the famous neuro surgeon ... and in that we are very grateful to you.

Over the years we have watched you climb the success ladder in Medicine, with the greatest pride and joy. Of course your biggest success was making Abhay fall in love with you ... forever! And you guys make the sweetest and most happening couple ever. It is a joy to watch you dance together, and you guys perfectly complement each other. A doctor or a healer is along with a teacher, in the noblest of all professions, and you do this the best. You had easier options which would have got you an easier life style, but your deep desire to serve humanity and to excel in whatever you do is what makes you so fabulous. You work very hard, keep long hours, healing patients, sleep a little, and yet manage to look so beautiful, since it is your inner beauty which radiates out.

We wish you even more success, more happiness, even greater capacity to heal. Peace and joy forever. Thank you for being a part of our lives.

Rupal & Jayesh



Always a smile on the face ... that's Amita! A multi-talented person, very loving and caring, ever so helpful! In spite of having achieved many milestones, you are not one to live in past glory. Always climbing higher, trying to reach newer heights silently, and excelling everywhere. Amita,

you always make the family proud. A doting daughter, a dear sister, a loving and understanding life partner to Abhay. Truly made for each other! On your birthday, we pray to God, may you keep going, be happy always and spread the happiness around, for many, many more years to come! Love you tons!

Lajja Shastri



Find me a person who does not like Amita A LOT and I will be obliged to put him in the museum of rare objects!

Amita is only a few months younger to me but technically she is my cousin 'Masi'! And right from when we were both young, I have seen a side of her that would be unexpected in one so young ... she would always be very protective of me and

always be making sure that I was 'well looked after' when I stayed at her place on my visits to Mumbai.

Everyone who meets her, will undoubtedly see the 'Princess' in of her ... but believe me, she is born this way! She was just as 'Princessly' at the age of 10, as she is now! And it is not just how she behaves, speaks or holds her chin slightly raised! It is also how she treats everyone around her ... I have seen her treat their cook or home help, in the same respectful manner as she would, any guest ... and if she has a reason to be mad at you, she will convey her 'displeasure' thoroughly without sounding mad or angry!

Many of our relatives saw a very pretty, sweet girl in her but as years passed, everyone also saw the steely grit and unshakeable determination, that is her true self ... it is that same grit which has made her excel at whatever she attempted, be it classical music or medicine.

If I had to name ONE aspect of her that I personally

find most endearing, it is her unique ability to find something 'good' in each person. There is one particular incident I remember vividly. It was the night of my wedding Sangeet and we suddenly had a freak storm at 6pm, resulting in the venue turning to a mud pond. So at 7.30pm, all decked up in chania choli finery for my Sangeet, I was told that we would either have to shift the venue or just cancel the event. I had three phones, with which I was talking to various people, informing them and basically trying to manage the disaster while sitting at home. I had several people helping me in this task, one of them being my 'Masi'. We somehow salvaged that event and in the midst of it all, Amita came upto me, gave me a hug and said "Lajju, how do you manage to remain so cool in such a crisis? You are awesome!" She then proceeded to say the same to all who would hear! That is Amita, who will see something nice in every person and have a kind word when you needed it the most.

Vaishali



Bringing life to my life ... that's what my little sister Amita does.

I am extremely proud to have you as my little sister ...

While once I looked down at you -- as you were small, And look at you now ...

I JUST can't stop looking up at you!
Love You.





Happy birthday Fuiya!
 We can't believe you are already 45! It seems like it was only yesterday when we were half your height, dancing away at your wedding! We have grown up so much since then and have been extremely lucky to have you be a part of our lives. We would never want it any other way! So here's to all the years yet to come, and all the memories left to make!
 Cheers to your birthday, and we hope you have an amazing year ahead! Love from all your babies!!!

Mihir

Hey Fuiyya, Happy Birthday! You are 45 now, but if you ask me, you don't look a day over 30! Always the life of the party (the ones I'm actually there for) and someone who's not shy to be herself whenever she needs to be. Fuiyya, you also have a heart of gold and you are one of the kindest and most loving people I have ever known. Your hectic hours at the office cause you to reply late on the family group and when I'm up at nights studying or most of the time watching TV. shows on my laptop, I always smile when you reply to messages so late because I know, I get my late night work ethics from you! Always be smiling and chilled out. The fact that you have such a successful career even though you start your day so late is inspiring. Love you, Fuiyya!

Janu

Dearest Fuiya, Happy 45th birthday to my prettiest, sweetest and most caring Fuiya! You have always been there for all of us, no matter what! From caring immensely for Dada-Dadi and sharing a sister like bond with Kaki and mom, for still being so close to kaka and dad and for caring so much for 5 of us. You have such an important part in each one of our lives! For making time from your absolutely jam-packed schedule to come to Echjay just to meet me or when you and Fua take us for drives on your free day, to picking up the phone when I call even during your busiest hours, to sharing

all your accessories with us and much more! You're a perfect role model: a perfect sister, wife, Fuiya, daughter and the best doctor in Bombay! You always make time for the ones you care and are always smiling on the busiest and most tiring days. Most importantly, thank you for always pampering me and making me feel so special and important all the time. So once again happy birthday to the best Fuiya in the whole world have the best day and even better year ahead cause you defiantly deserve only the best!

Never change Fuiya cause you can't get better when you are already perfect in each and every way. Lots and lots of love.

Mana

Dear Fuiya,
 Honestly, whenever I think about you I don't know what to say because words aren't enough to describe the way I feel about you. I always feel like I'm at a loss for words and overwhelmed with unexplainable emotions when it comes to you. You have been there for me whenever I have needed you. May it be as my friend- someone who is always there for me, my confidante - someone whom I can always share all my problems with or as my fashionista - someone who always manages to help me dress so tastefully and elegantly.

Fuiya, you have personified perfection with everything you have ever done. Straight from being the perfect daughter, to the smartest and most hardworking student, to having the most accomplished, independent career and to being the graceful and ever smiling wife. I truly believe that you have done it all and you really are my idol.

Today, all I want to do is wish you a very happy birthday! Hope you have the best one ever ... You deserve all the happiness in the world and all of that a thousand times over! You really are the best and I'm so proud that I can call you my Fuiya. I hope and pray that your gold dust fell on me when you grew me up ... thank you for being what you are ... my true friend, philosopher and guide ... my fairy god mother!
 Happy birthday. I love you loads.
 You will always be my #1

Nikki

Dear Fuiya, Happy 45th Birthday!!!
 After 4 years, I'm so glad that I can finally celebrate this special day with you. Fuiya, you have the biggest heart. Always the first one to volunteer to picking and dropping me to the airport when I left for college, making sure I have a dress for every occasion - be it my birthday, new years, and even graduation! In fact for as long as I can remember, every year, you insisted on taking us kids to buy gifts for us. One of my oldest memories was of you taking all 5 of us to Toy Kingdom and making sure we all got whatever toy we wanted. Every time someone says that I resemble you, I couldn't be more flattered. In fact, there is so much of me that I see in you. From our infamous love of sleep, spicy food, competitive nature, not taking no for an answer, studying hard, to working harder. I'm also certain that I get my ambitious drive from you! I can only hope to be half as

loving, kind, and successful as you when I grow up. I have always admired not only the passion that you have for your work but also the undying support you have for our family. You are always the first one who gets the most excited for our tiniest accomplishments and shows us that even the smallest achievement deserves recognition and celebration. You are truly everyone's biggest cheerleader! I hope you have the best birthday, and a wonderful year! No one deserves it more than you. Thank you for being the best role model, friend, adviser, and of course, fuiya! Love you to the moon and back.

Jessy

Dear Fuiya,
 Happy Birthday!!! I hope you have an amazing day and really enjoy this year ahead! I'm so happy I am able to celebrate your birthday with you. It's so hard to explain how awesome you are in just a few words. You've always been there for me and always supporting me throughout. No matter what, you constantly have a smile on your face and you are full of energy and I find that so admirable. Whenever anyone in the family tells me how I am super hard working I almost immediately think I get these qualities from you. Every time we talk on the phone while I am at Purdue you always make sure that I am happy and that I am alright and that makes me so happy. Thank you so much for always being so caring, supportive and full of love for our entire family. You really are the best <3

Mentors



Jyotsna M Joshi

Amita came to train as a Pulmonary specialist with me nearly two decades ago. She entered the department as a junior doctor. I remember the first day when she met me. She came across as a bright and cheerful person, qualities she retains to this day.

During the three years of training for MD I found her exceptionally sharp. She was a quick learner and her medical skills improved tremendously. She performed so well at the MD exams that her examiners remember her to this day.

But above all Amita has always been a delightful person, extremely social and friendly. She got along marvellously with her peers and liked by her seniors.

She has maintained her relationships, never forgetting to wish on birthdays, festivals and other important occasions.

She exudes warmth in her personality drawing everyone to her. She is now a senior consultant and a postgraduate teacher, very popular and respected.

On the occasion of her 45th birthday, I wish her the very best in the coming years. May God bless her with health and happiness ... and may she continue to be the charming person that she is.



Zarir Udvardia

Amita you were my brightest registrar and kept me on my toes! I know how hard you worked at Hinduja yet you found the time to romance Abhay and fall in love with him there as well? Truly a multi-talented multitasker! But your best achievement (apart from putting up with my quirks) will be the work you put into our Sleep Apnea study. Convincing a 100 patients to consent to have a stranger (not you, the sleep technician!) enter their most intimate sanctum, their bedroom, agree to be hooked up by a 100 wires to a machine, and then write it all up is something only you could have had the perseverance to achieve. It's a paper you and I have every reason to be proud of for all time, especially as it was the first to put Indian OSA on the world map. I'm delighted with the great success you've achieved at Bombay Hospital and in the course of your career, and wish you even greater laurels. But now I will end by cautioning you not to get so busy over the years that you don't have time for me!

Happy birthday and lots of love.

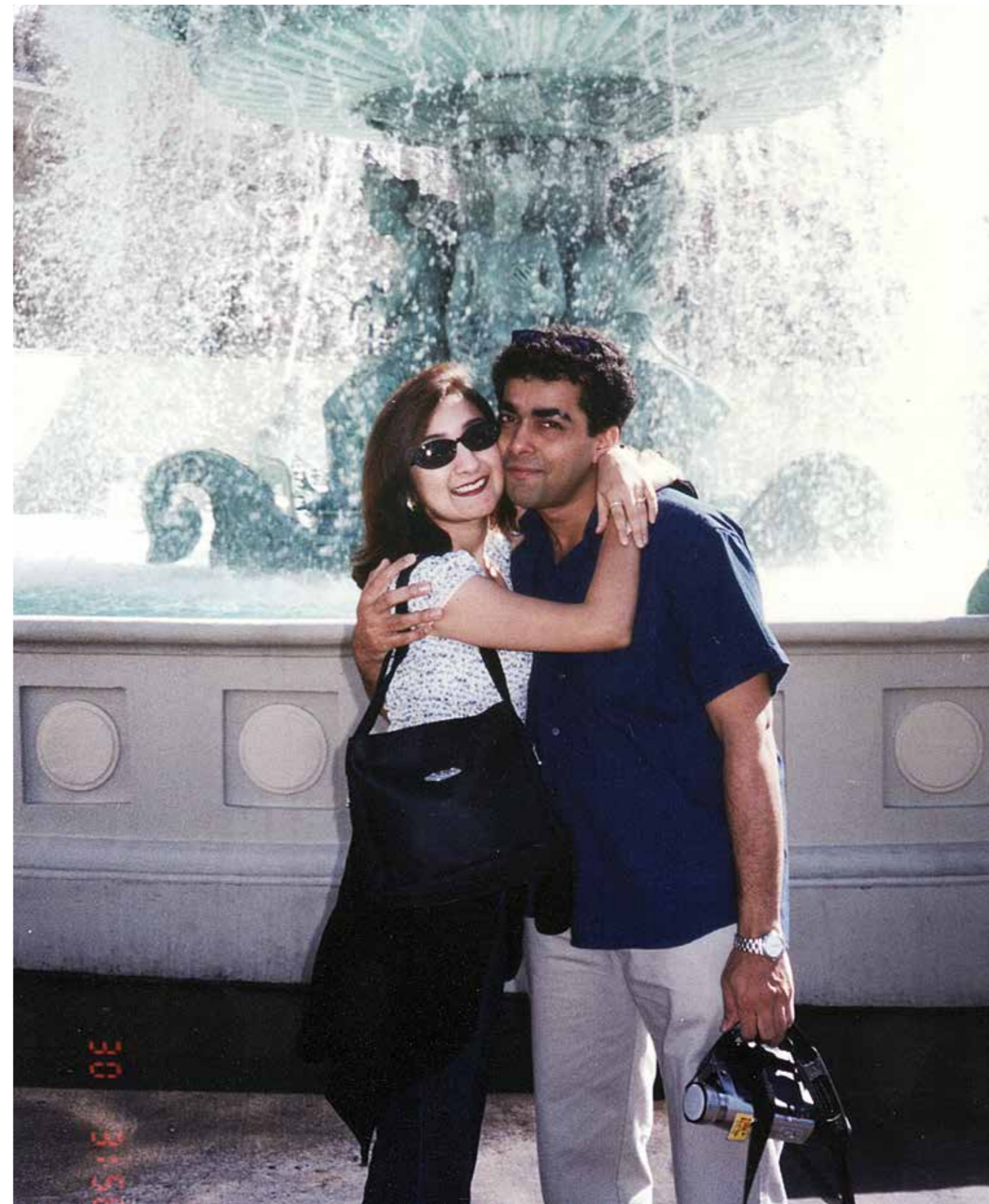


Ashok Mahashur

I know Amita in three avatars – as a student, as a doctor and as a niece. With immense pride I can say that she is par excellent in all the three avatars. I first know her as a brilliant student even before she married Abhay. She had a tremendous grasp over her subject – she was intelligent, diligent and sincere. The brightest we had.

As a doctor Amita is knowledgeable, hard-working and ever-smiling – qualities that make her a fabulous doctor. Patients are very happy with her. Her approach in medicine is result-oriented. Apart from her busy practice she devotes a lot of time to participate in scientific and cultural activities and excels in everything garnering tremendous appreciation from the entire medical fraternity. Over the years she has matured in her profession and at a very young age she is at the peak of her career.

Amita is one of the most loved nieces in the family. Her warm-heartedness is a rare quality and her hospitality can make any hotel management course look pale. We've had some memorable times with her on our trips abroad and she has been a key to our having a great time on these trips. Her sense of humour, ability to care for people and her easy-going nature makes her great company to have around. She is one of our son Nikhil's biggest strengths—a guide and friend – and it's heartening to know he is in great hands. Amita, I wish a very happy birthday. May you reach even greater heights in your career, scaling limits not reached by others. Stay ever smiling!



Thank You Doctor

Deepti



Dr.Amita Ma'm has helped me a lot!
I know her since last 14 years. Its been almost 10 years that I have been cured but I still share a very special bond with her! She is a doctor for her patients but our bond is much deeper. I was given just one percent chance of survival and I was literally going to die ... but I survived! I feel it's my second birth and

Dr.Amita Ma'm had taken a lot of effort to save my life and help me get cured and I am alive today only because of her.
Mom is the one who gives us our life, and Dr.Amita Ma'm has given me my second life and so I fondly address her as Mom :) When the first time I did so I wasn't sure if she would like it, but I was very much attached to her and just couldn't stop myself from calling her 'MOM'. But the kind hearted person that she is, she was happy and said she loved it!
She is just a message away for me. Can't ever thank her enough for what she has done for me!

There are many incidents that can be shared but here is the one which really gives you an idea about what a great doctor and most importantly what a wonderful human being she is.
One day my health deteriorated and my mother didn't know what to do. She called Dr.Amita Mom and told her what had happened! My mother was panicking a lot. Dr.Amita Mom calmed her down and told her what to do. While hanging up my mother thanked her and asked when can we come to meet her. Dr.Amita Mom said she was on a holiday abroad and would be back after a few days! My mother was so overwhelmed that even though she was abroad and on a holiday yet she received my mother's call and listened patiently to her. There is so much that she has done for me. Dr.Amita Mom and Dr.Abhay Sir both are wonderful human beings. They have been always there for me.

Birthday Message for Dr.Amita Mom: Hi Mom, Wishing you a very happy birthday! Can't thank you enough for what you

"Mom is the one who gives us our life and Dr.Amita Ma'm has given me a second life. And so I fondly address her as Mom."

Amita's patients don't just sing praises about her, but paint pictures and write poems about their doctor.

have done for me and continue to do. Wishing you loads of success and happiness. Stay beautiful. Love you so much.

Zubeda

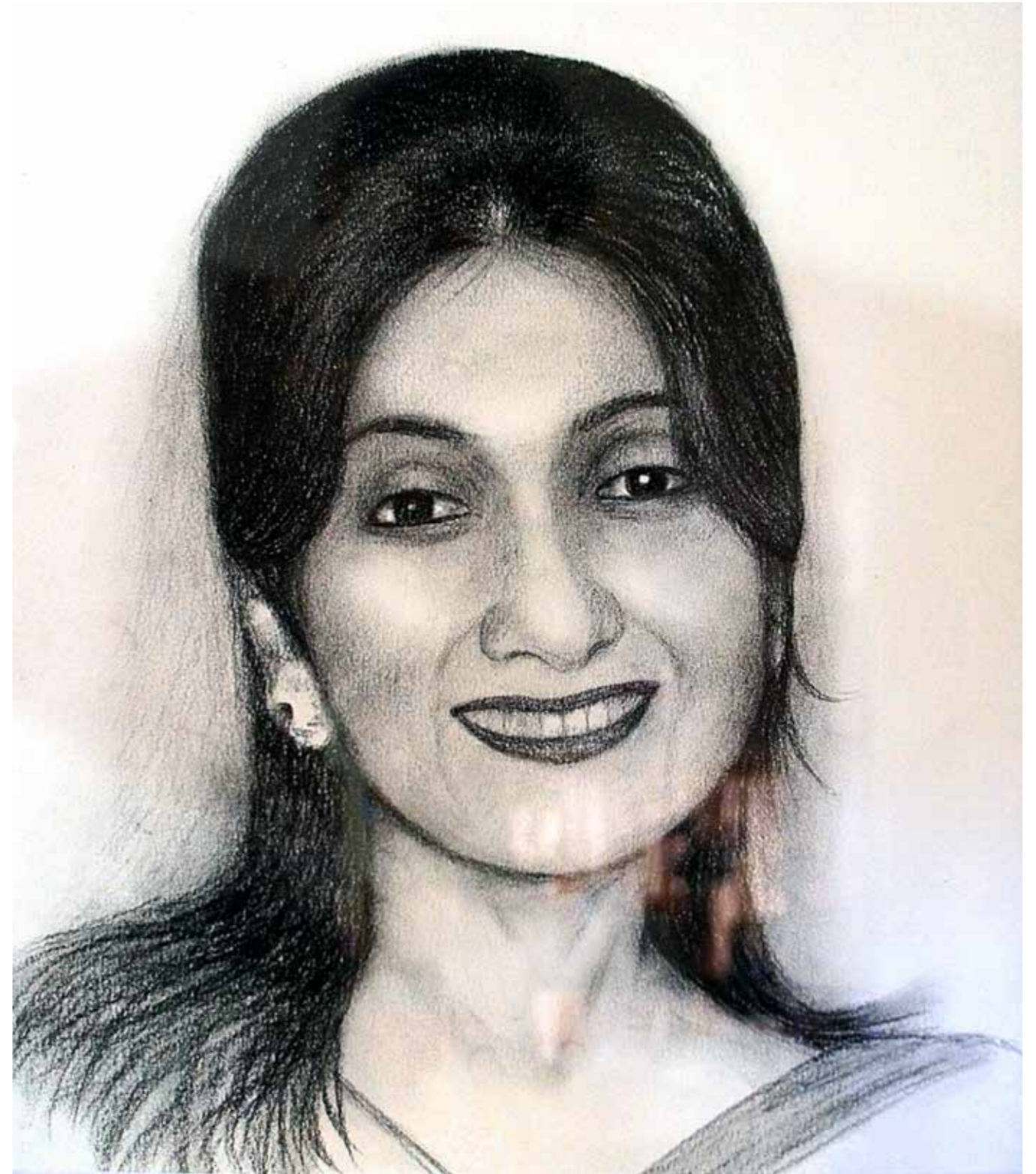
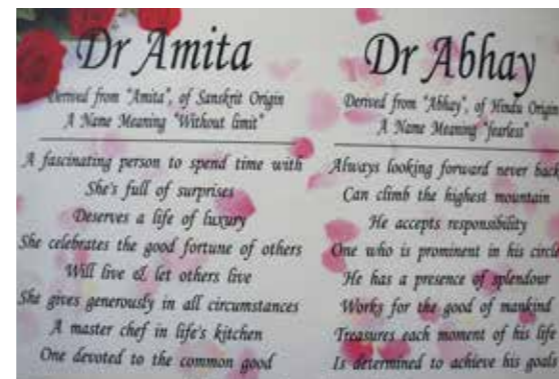


I will never forget, 13th of November 2009. Dr. Amita Nene, I am thankful to you for saving my life. My health was deteriorating and I was rushed to Bombay Hospital ICU. My parents were grief-stricken. That very moment, your confident

touch on my forehead made me feel "An Angel has come to save my life". Your calm and confident talks gave us a ray of hope.

I have captured every moment in my memory. I remember your firm decision of not performing surgery although other colleagues of yours recommended surgery. You possess the art of homogenising affection and care with the medicines. This makes you special for your patients.

With folded hands I pray to Almighty - "Tum jio hazaron saal, saal ke din ho pachas hazar".



Dear Amita Ma'am,
You are not only an 'Extraordinary Doctor'
but also an 'Extraordinary Human being'
Thank you for saving our lives...
Sanjay & Sachin
&
Entire Mahal family



RUNNING. TO A MEETING

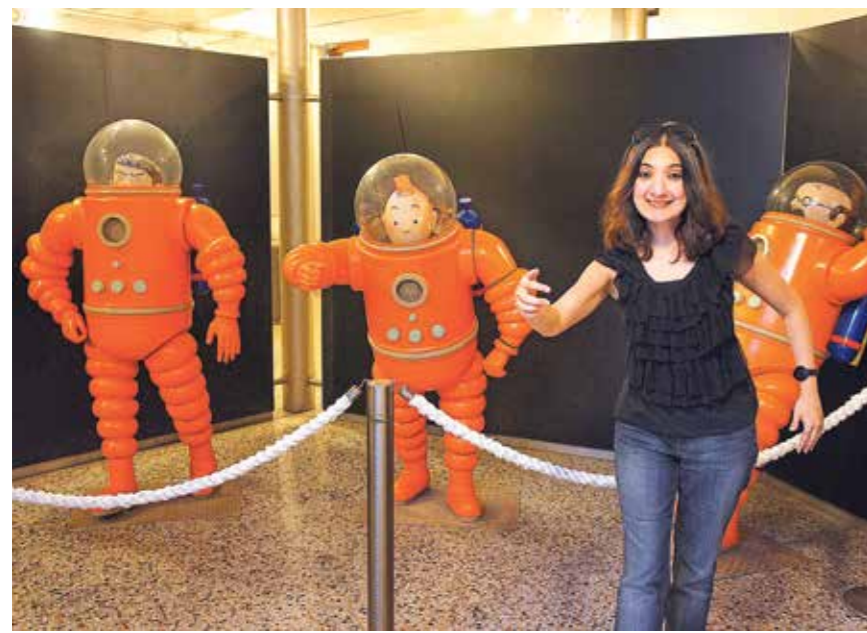
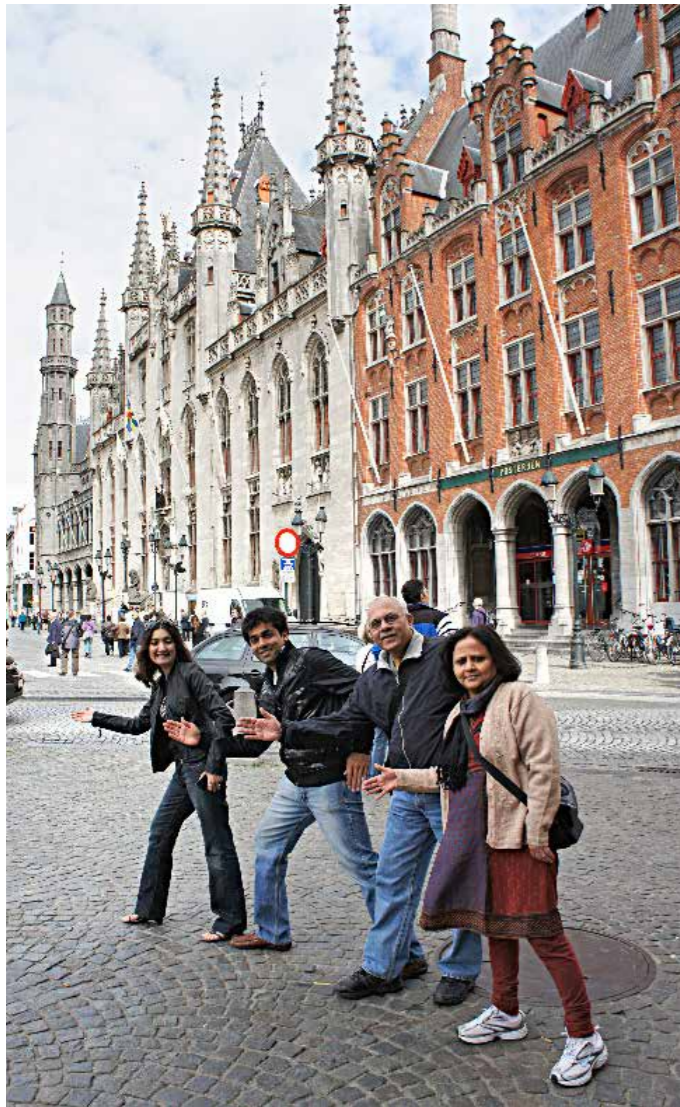
NETHERLANDS AND BELGIUM

September 2011

Our 2011 European holiday had Atul Phadnis join Nik and us in Amsterdam. Taxi ride to a small village called Hilvarenbeek, 500 meters from Belgium. Nik and me to run the prettiest half-marathon we've run. Locals recognize us immediately as the only Indians crazy enough to register for an event halfway across the world. Amita, very predictably, decides to run a 10K at the last minute and goes about it with ease, ably accompanied by Atul. 21km through picturesque villages, forests and fields with grazing cows for Nik and me. Pictures at the podium are epic! Off to Belgium. Ashok mama and Mukul mami

join the gang. Brussels' Tintin museum evokes nostalgia and the Belgian chocolates reorient our palates forever to the taste of real chocolate. We took two day trips - one to the romantic city of Bruges with its canals, bridges and medieval houses, and another to the famous Beaufort castle in showy Luxembourg. Amsterdam was the last stop - for Amita's European Respiratory Society meeting. Cycling like locals, we spent a day with Mausam. Nik and me headed to The Hague for the second Marathon on back to back Sundays and slept all through our long flight home.

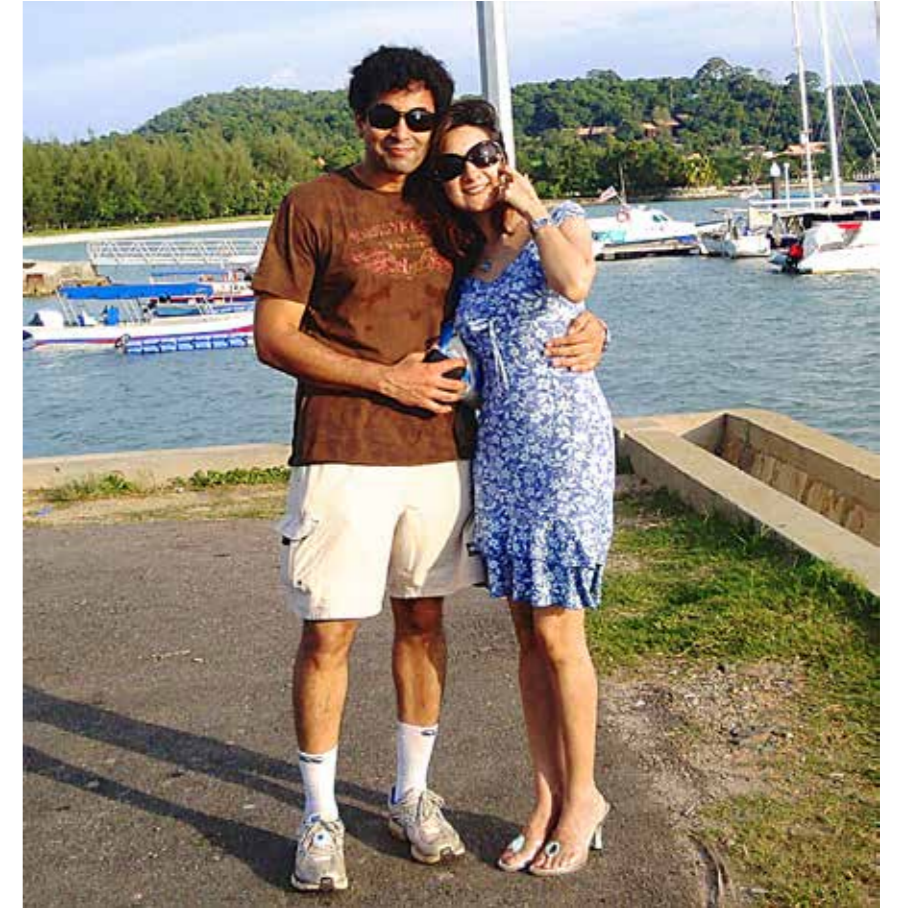




ABOVE EXTREME LEFT: With Ashok Mama and Mukul Mami.
TOP MIDDLE: Amita strikes a pose.
BOTTOM MIDDLE: Luxembourg Castle just found it's next model.
ABOVE RIGHT: Bikes and babes in Amsty -- with Mausam.



EXTREME LEFT: Amita shows Tintin, Haddock and Calculus how to walk in low gravity.
LEFT: Excited to be at the home of our childhood hero. At the Tintin Museum in Brussels.
RIGHT: Tintin meets the Titanic.



10

THE BEACH ANNIVERSARIES

We prefer idyllic and upmarket beach resorts for our Anniversary vacations each year ... 'just go and chill'... having stayed in some of the finest resorts, our 10th anniversary in the stunning Maldives would rank amongst our best. Turquoise waters, opulent water-villas with all amenities, but no clock(), dolphin cruises and sea planes, hammocks on the sea, snorkeling and tennis make this a perfect memory for 2012. Driving around in the island of Langkawi, crazy all night party at the Crescent Beach of Koh samui (and our uber-modern villa - 'Page 3' at the classy 'Library'), the infinity pool on the cliff by the Koh Lanta beach, the lively Krabi and of course the luxuries at Boracay We look forward to the Aprils! It is usually a week long bonding and rebooting with each other, in absolute relaxation, that makes our anniversary vacations special ... it really is wonderful to be married to your best friend!

